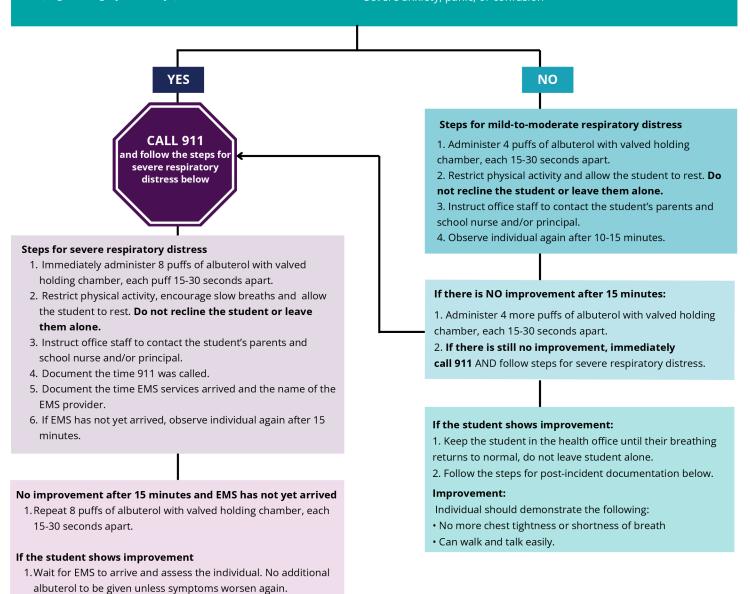


## Emergency protocol for treating respiratory distress in undesignated students

## Is this SEVERE respiratory distress?

- Struggling to breathe or gasping
- Difficulty speaking (cannot speak in full sentences)
- Blueness around the lips or fingernails (might look gray or "dusky")

- Chest retractions (*chest/neck are pulling in*)
- Use of accessory muscles (stomach muscles are moving up and down)
- Student appears weak, limp, or overly tired
- Severe anxiety, panic, or confusion





## Steps for post-incident documentation:

- 1. Document what happened in the student's school health record.
- 2. Follow-up with the school nurse and principal.
- 3. Follow-up with the student's parent or caregiver.

## For treating emergency respiratory distress

This protocol is intended for use by trained personnel to respond to an undesignated student experiencing respiratory distress while at school. It is not intended to replace a students Asthma Action Plan. Instead, it should be used when a student doesn't have an Asthma Action Plan on file or if the student does not have a prescribed short-acting bronchodilator inhaler (albuterol inhaler) are not available or easily accessible.