



Utah Million Hearts Award

2025 report card

About the award

The Utah Million Hearts Excellence in Blood Pressure Measurement and Control Award highlights the successes that primary care clinics in Utah have made toward hypertension control.

In 2025, 87 primary care clinics applied for the Utah Million Hearts Award. Each clinic was awarded based on their hypertension control best practices. The awards are as follows:

- 5 platinum awards
- 16 gold awards
- 46 silver awards
- 16 bronze awards

Hypertension control rate average

All applicants	66.9%
<i>Geographic area</i>	
Urban (61 clinics)	68.5%
Rural (22 clinics)	62.2%
Frontier (4 clinics)	64.6%

Implementation of clinical hypertension best practices

Hypertension control rates	Percentage of 2025 applicants implementing practice
Reviewed EHR reports on hypertension control rates and developed an action plan	89.7%
Reviewed reports on hypertension control rates to identify disparities and developed an action plan	78.6%
Multidisciplinary care teams	Percentage of 2025 applicants implementing practice
Uses multidisciplinary care teams when treating patients with hypertension and/or high cholesterol	98.9%
Has an active policy/protocol to use multidisciplinary care teams that adhere to evidence-based guidelines	95.4%



Utah Million Hearts Award

2025 report card

Reviewed current workflows and developed an action plan to include non-physician team members in team-based hypertension management efforts	68.3%
Social determinants of health	Percentage of 2025 applicants implementing practice
Partners with community organizations to give patients additional programs that may address other factors related to hypertension management	88.8%
Has an active policy or workflow to screen for social services and support needs	97.7%
Refers patients to social services/support needs resources	98.9%
Partners with social services and support programs	78.2%
Refers patients to lifestyle change programs	85.1%
Self-measured blood pressure (SMBP) best practices	Percentage of 2025 applicants implementing practice
Has a policy/workflow promoting SMBP monitors and reviewed the process for improvements	82.1%
Adjusted SMBP policies and workflows to support hypertension control and management	51.7%

Learn more at <https://heal.utah.gov/million-hearts/>