Are you diagnosing hypertension ACCURATELY?

1 Initial Reading (manual or automatic)

Remember:

Proper measurement technique

High Reading: ≥130/80 (ACC/AHA, 2017)

2 AOBP Reading (at least 3 readings averaged)

Remember:

Patient entirely alone

MA should be engaged in productive clinical activities

High Reading: ≥130/80 (ACC/AHA, 2017)

3 Patient Home BP Monitoring

Remember:

Patient needs training

Plan to capture readings in EMR

AOBP and Home BP Monitoring together help reduce white coat hypertension.

For more information, visit comagine.org/millionhearts