# **A SNAPSHOT**

DIABETES IN THE UNITED STATES

DIABETES



34.2 million people have diabetes



COST

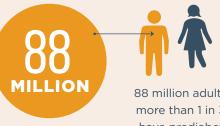
\$



Total medical costs and lost work and wages for people

don't know they have diabetes

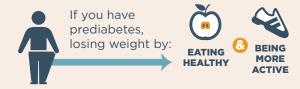
PREDIABETES



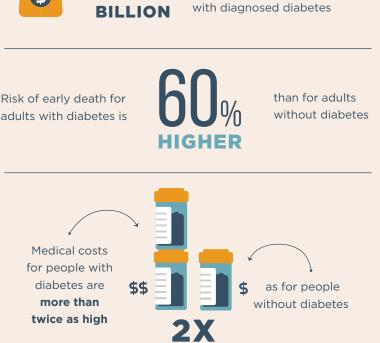
88 million adults more than 1 in 3 have prediabetes

**MORE THAN** 8 •• 10

adults don't know they have prediabetes







People who have diabetes are at higher risk of serious health complications:







HEART DISEASE

STROKE

# TYPE 1

#### BODY DOESN'T MAKE ENOUGH INSULIN

- Can develop at any age
- No known way to prevent it

In adults, type 1 diabetes accounts for approximately

5-10% of all diagnosed cases of diabetes

Just over 18,000 youth diagnosed each year in 2014 and 2015

## TYPE 2

#### BODY CAN'T USE INSULIN PROPERLY

- Can develop at any age
- Most cases can be prevented

In adults, type 2 diabetes accounts for approximately

90-95% of all diagnosed

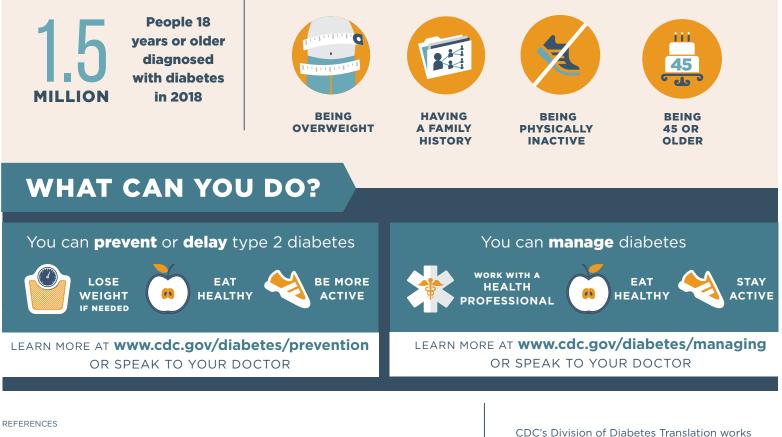
cases of diabetes



Nearly 6,000 youth diagnosed each year in 2014 and 2015

#### **RISK FACTORS FOR TYPE 2 DIABETES:**

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Centers for Disease Control and Prevention. National Diabetes Statistics Report, 2020. Atlanta, GA: Centers for Disease Control and Prevention, US Dept of Health and Human Services; 2020.

American Diabetes Association. Standards of Medical Care in Diabetes—2019. Diabetes Care. 2019 Jan 1; 42 (Supplement 1).

American Diabetes Association. Economic Costs of Diabetes in the U.S. in 2017. Diabetes Care. 2018; 41(5):917-928.

Centers for Disease

Control and Prevention

toward a world free of the devastation of diabetes.